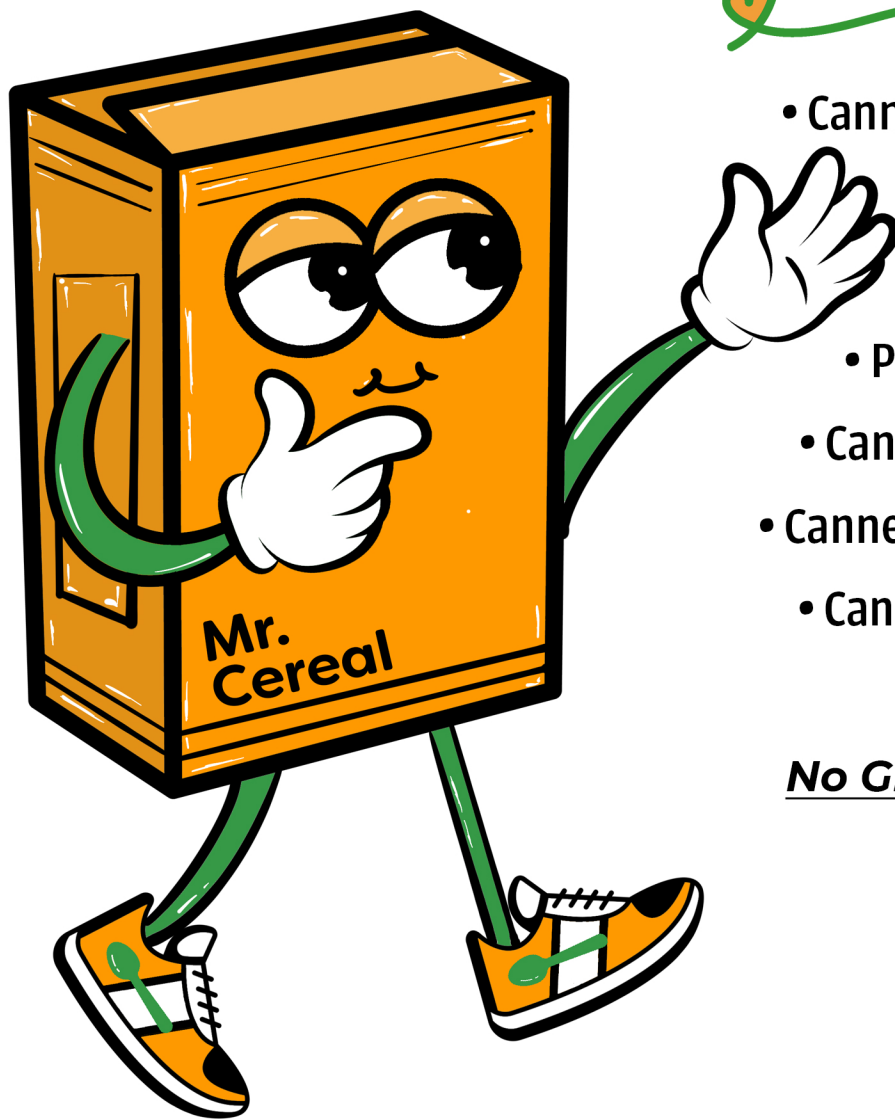
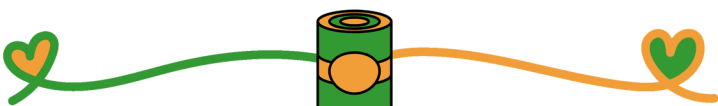


FOOD DRIVE



Most Needed Items



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- Canned Tuna, Salmon, & Chicken
 - Grains: Rice and Pasta
 - Canned Soup • Cooking Oil
 - Peanut Butter (in plastic jars)
 - Canned or Dried Beans & Lentils
 - Canned Tomatoes & Tomato Paste
 - Canned Corn and Mixed Veggies

Cereal: Plain and Low Sugar

No GLASS Containers Please!



Nourishing Bethesda's mission is to fight food insecurity in our area by providing nutritious food and community support to our neighbors in need, as well as offering and linking our clients to wraparound resources that will enable them to build healthier and more stable lives.

